



East Riding Partnership East Hub Recovery News

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LATEST:

- **Breakfast Club successfully launches.**
- **Free Library**
- **Family Support**
- **Peer Mentors at East Riding Partnership**

Your Voice Matters

'We want your valuable input for the future of this Newsletter with your thoughts, ideas and creativity'

Have a chat with your Keyworker.

Breakfast Club Launch!

On Monday September 11th the East Riding Partnership team launched its first breakfast club for all service users of the East Riding Partnership currently in treatment.

The club, brainchild of newly appointed Senior Social Work Practitioner Steven Driver, aims to bring service users and staff together in a safe and supportive environment.

Held every Monday from 09:30-11:30 service users who attend can help themselves to free tea and coffee as well as cereal and cereal bars. The food has been very kindly donated by Morrisons supermarket of Bessingby Road.

The East Riding Partnership Team feel this generous donation will help to continue



the valuable work we do with service users in our area.

Book Donations wanted!

In addition to the breakfast club staff are also working hard to replenish the free library which has been in operation at East Riding Partnership since 2009.

The a range of texts available for service users to borrow, free of charge, from romance novels to celebrity autobiographies.

Any and all book donations will be gratefully received and should be given to reception.

Family Support Available

As anyone who supports someone with a substance misuse issue will know it can be very challenging supporting a loved one. However help is at hand in the form of the family support team who work to support family members and help them to see a way forward.

Peer Mentors Here to Support!

Peer mentors are now in position to support service users for East Riding Partnership each Tuesday, Wednesday and Thursday every week to work with service users to support them in their recovery as well as also being present at the newly launched Breakfast Club

(please see our main story). Mandy, a peer mentor, said: "I am looking forward to working with people and help to support them in their recovery. I am looking forward to getting started and can offer psychosocial support in a number of areas".

All Peer Mentors undergo a rigorous training programme to prepare them for the role and all are very experienced in the recovery journey and supporting others through theirs.