



## July 2019 – June 2020 Events Calendar

Month	Events	Awareness Days
<b>July</b>		
7	Withernsea 5 mile & 3K fun run	
1 - 7		Health Information Week
7	Jayne Tomlinson's Leeds 10K	
9 - 11	Great Yorkshire Show	
10	Doncaster 5K	
12	Walkington 10K and fun run	
21	The Great Grimsby 10K	
28	World Hepatitis Day	
<b>August</b>		
16	ASPIRE Recovery Games Doncaster	
17	Doncaster Pride	
31		International Overdose Awareness Day
<b>September</b>		
5		International Day of Charity
9		Fetal Alcohol Syndrome Awareness Day (FASD)
10		Suicide awareness day
9 - 15		Remember a Charity in your will week
22	The Hull Marathon	
29	Lincoln Pride	
29	The Cusworth 10K – Doncaster	
1 – 30		Recovery Month
1 – 30		Antimicrobial Resistance:

Month	Events	Awareness Days
<b>October</b>		
10		World Mental Health Day
12	Gruesome Twosome 10K races – Lincolnshire Wolds	
1 - 31		Stoptober – Stop smoking month
<b>November</b>		
4 - 8		National Stress Awareness Week
11 - 17		Alcohol Awareness Week
21		Carer’s Rights Day
25		International Day for the Elimination of Violence against Women
Nov – Dec		Help Us Help You Winter Campaign (formerly Stay Well this Winter)
<b>December</b>		
TBC		Local Charities Day - Date to be confirmed
1		World Aids Day
3		Giving Tuesday
3		International Day of Persons with Disabilities.
<b>January</b>		
1 - 31	Dry January	Love Your Liver Month
TBC		STI Awareness Day
<b>February</b>		
TBC		Dignity Action Day
TBC		Help Us Help You ‘Pharmacy Advice’ campaign
4		World Cancer Day
<b>March</b>		
8	Normanby Hall Adventure Race - Scunthorpe	
TBC		National No Smoking Day
20		International Day of Happiness

Month	Events	Awareness Days
<b>April</b>		
<b>TBC</b>	Jayne Tomlinson's Lincoln 10K	
<b>19</b>	Jayne Tomlinson's Hull 10K	
<b>26</b>	The London Marathon	
<b>29</b>	The Plusnet Yorkshire Half Marathon – Sheffield	
<b>May</b>		
<b>12</b>		World Nurses day
<b>10</b>	The Plusnet Leeds Half Marathon	
<b>10</b>	Beverley 10K – East Riding	
<b>TBC</b>		Action for Brain Injury Week
<b>TBC</b>	Lunacy Race NE Lincs	
<b>TBC</b>	Askern 10K – Doncaster	
<b>TBC</b>	Humber Bridge 10K and Kids 2K fun run.	
<b>June</b>		
<b>TBC</b>		Gay Rights Day
<b>TBC</b>	The Woodhall Spa 10k – Lincolnshire	
<b>TBC</b>		Humber Business Week
<b>TBC</b>	Doncaster Armed Forces Day	
<b>TBC</b>	Humber Bridge Sportive - cycling	
<b>TBC</b>		'Wear it beat it' – British Heart Foundation.
<b>8 - 14</b>		Carers week
<b>TBC</b>	The Sandall Beat 10K Trail Race and Fun Run – Doncaster	
<b>TBC</b>	The Humber Bridge Half Marathon	
<b>26</b>		The International Day against Drug Abuse and Illicit Trafficking
<b>TBC</b>	Armed Forces Day Cleethorpes	