

## Want to know more?

To speak to a recovery worker or make a referral please telephone our SPOC on

**01405 767181**

Or call into

**East Riding Criminal Justice Service**  
100 Boothferry Road  
Goole  
East Yorkshire  
DN14 6AE

**T: 01405 608210**



## Info for partners

### Arrest Referral:

If people are arrested they will be offered the opportunity of an assessment either in the police station or upon release with a practitioner

### Prison Resettlement:

We are linked closely to Prison Drug teams and offer release planning and community support to anyone returning to the East Riding area, including referrals into maintenance prescribing following a custodial sentence

### Integrated Offender Management (IOM) or Prolific & Priority Offender (PPO) schemes

The team work assertively with prolific and other priority offenders enabling people to access treatment and reduce criminal offending behaviour.



## Out of Crime Into Treatment

**East Riding Drug & Alcohol Criminal Justice Service**



**Working in partnership to reduce, crime, disorder and misuse of drugs in the East Riding of Yorkshire**

## How we can help

If you are caught in a cycle of substance misuse & crime and:

- Want help with your drug or alcohol problem and support with your recovery.
- Are being released from prison – whether you are on licence or not
- Have completed a community sentence & feel you still need further support.

Referrals can be made in person or by other services supporting you or directly from the criminal justice system.

### **Harm reduction:**

Reducing the risk of harm to you and other people.

### **Relapse prevention & overdose information:**

We can help you tackle your addiction by supporting you to identify risky situations, triggers and responses.

### **What happens next?**

You will be offered an assessment and the best form of treatment/ interventions will be agreed.



We refer into the Changes Service who run Smart Recovery



SMART recovery is a science based addiction recovery support group where participants learn self empowering techniques to aid their recovery, through mutual-help face-to-face meetings. SMART Recovery tools and techniques can help you to overcome the behaviour.

“Discover the Power of Choice”



## We also offer

### **One-to-one structured psychosocial support from a Key worker:**

Care planning and therapeutic intervention is available through named key workers who will support service users throughout the treatment process.

Key workers will provide support with housing, employment, education, training and access to mainstream services.

### **CBT—Cognitive Behavioural Therapy:**

Is used to support service users to consciously identify unhelpful beliefs, values and thinking patterns and challenge these in order to be able to modify their actions & identify alternatives to improve their outcomes in line with their personal goals.

### **Support in becoming & remaining drug and alcohol free**

- A personal recovery plan
- Excellent aftercare support
- Links to specialist drug & alcohol services to provide community detoxification, access to inpatient detox or long term rehabilitation