



EAST RIDING YOUNG PEOPLE SERVICE

A fabulous catch up with the newly formed East Riding Young People's Service Team took place on 11th November via a mix of face to face and MS Teams (yes, we are working on eventually having a less wordy name in consultation with a group of Young People 😊)

The Team is a gathering of the following people bringing their individual experience and skills:

Sam Jack Senior Social Worker was the lone Young People's worker for a time and has 'carried the torch' for development during last year and the current financial year. Sam has worked hard at, amongst other things, building resources to use in sessions and finding ways to engage and build relationships when carrying out assessments. The proof of the pudding is in the stats and number of successful discharges has grown during the past year and this all still with a COVID 19 backdrop!!

Rachael Lewis Administrator has been key in ensuring data quality on Systmone and completing our upload each month. It has a great record of 100% with no mismatches to date. As the service grows Rachael will be integral in the setting up of new systems producing the crucial evidence of growth and quality.

Sam Glass Social Worker Making a Change (MAC) team & Emily Holliday Education and Liaison worker both joined the team back in July and feel like they've been here for much longer as they've fitted in so well! Sam Glass has a "pat your head and rub your stomach" sort of role as she 'sits' strategically within the (MAC) team working with vulnerable young people often caught up in organised crime and other forms of exploitation. Sam is the bridge between the two services to ensure the best outcomes for young people and their parents. Her role is really picking up with joint visits with MAC social workers taking place across the East Riding. Emily meanwhile has brought an enthusiasm to her role as Education and Liaison worker and built on the development of presentations and workshops to take into schools and colleges. Emily recently put together a presentation for Hessle high Sixth formers. The presentation was based around their questions and concerns and went about systemically answering queries on, substances and their effects, associated risks, and ways of decreasing risk. There were lots of interactive exercises and discussion flowed. The sessions were delivered by Sam G and we borrowed **Kirsty Colby Recovery Worker Central Hub** to co-facilitate (thank you Kirsty 😊) Feedback from the young people was that their questions had been

addressed, they'd been treated respectively and 'like young adults' and they'd found the session informative.

After handing over their CDAT caseloads **Sian Copeland and Sarah Hurst both Band 6 addiction nurses** joined the team and are really pleased to be able to get started and were off to meet with CAMHS straight after our development meeting!! They will both carry a caseload, and we will map cases to their skill set as they come through. Links are also being made with school nurses across the patch and the use of the rather gorgeous turquoise health promotion bus (The vehicle used by the burgeoning Inclusive Health team) was also discussed as a way of providing outreach to the young people in the East Riding with a focus on meeting Health and wellbeing needs as well reaching harder to reach young people.

The team have great plans including;

Creating a more engaging referral form, consultation with young people and the role of Healthwatch and ERVAS in supporting this, development of a Young People's peer mentor (Dave and Martin advance warning we will be picking your brains!! 😊), this also broadened out to working with families and carers, the role of PuP (Parents under Pressure) and how this model will work well in supporting families, the use of creative mediums in young people sessions and lots more besides.

Fired up with lots to work on during the next few weeks we set a time to reconvene and share progress and create time to further develop as a team.

We are looking forward to some creative and exciting times ahead!



Rosie and Daisy YP mascots

I ended our time together with a hopefully uplifting tale of Andy's (**Andy Partington Service Manager ERP**) rescue mission of two kittens he found when out on a walk one wet and soggy Sunday and how a phone call to me for advice turned into me acquiring two more to join our cat family. On a serious note, if it wasn't for Andy's presence of mind, I am sure they wouldn't have survived. Little Daisy (standing up in the photo) was wandering along the bank and following picking her up and drying her off Andy went back to see if there were any more kittens and found sister Rosie lying on the grass. They were near a

carrier bag and looked as though they had been dumped there. They were eight weeks old when he found them, soaked wet through and cold and hungry. As you can see from the picture below, they are looking 'bright eyed and bushy tailed' and have their humans well trained already 😊😊